

Webinar #4 Storm of Loss: Grief in the Collision of Pandemics—Resources

Books

Pauline G. Boss, Ph.D., *Ambiguous Loss: Learning to Live with Unresolved Grief* (Cambridge, MA: Harvard University Press, 1999).

Margaret Brownley, *Grieving God's Way: The Path to Lasting Hope and Healing* (Nashville, TN: Thomas Nelson, Inc., 2012).

Dale G. Larson, Ph.D., *The Helper's Journey: Empathy, Compassion, and the Challenge of Caring*, 2nd ed. (Champaign, IL: Research Press, 2020).

James E. Miller, *Winter Grief, Summer Grace: Returning to Life After a Loved One Dies* (Minneapolis, MN: Augsburg Fortress, 1995).

Kenneth R. Mitchell and Herbert Anderson, *All Our Losses, All Our Grievs: Resources for Pastoral Care* (Louisville, KY: Westminster John Knox Press, 1983).

Alan D. Wolfelt, Ph.D., *Healing Your Traumatized Heart* (Ft. Collins, CO: Companion Press, 2002).

Websites

<https://ambiguousloss.com>--Dr. Pauline Boss's website; provides overview of ambiguous loss and links to other resources

<https://www.adec.org>--Association for Death Education and Counseling; offers a free series of video conversations hosted by a series of experts on COVID-19 and grief (most appropriate for a professional audience).

<https://www.caringbridge.org>--Enables caregivers to set up a private web site to provide updates and coordinate assistance either before or after a loved one's death; also allows loved ones to post tributes to the deceased.

<http://www.griefnet.org>--e-mail grief support groups monitored by a clinical psychologist.

<https://www.griefshare.org>-- faith-based grief recovery video series intended for use in a small group setting

<https://hospicefoundation.org/Grief>--Hospice Foundation of America's website; provides downloadable grief support articles, FAQs, and a series of free webinars on Covid-19 related grief.

<https://nhpco.org/patients-and-caregivers/grief-and-loss>--website of the National Hospice and Palliative Care Organization; helpful resources for those grieving a loss and for those supporting grievers, including children coping with the loss of a loved one.

<https://www.stephenministries.org/griefresources/default.cfm/1745>--Stephen Ministries website with grief support resources (Journeying through Grief series of 4 booklets) available for purchase. There is a special section of the website devoted to caring for grieving people during the Covid-19 pandemic.

National Suicide Prevention Month Resources <https://childmind.org/suicideprevention/>

<https://www.nimh.nih.gov/health/publications/5-action-steps-for-helping-someone-in-emotional-pain/index.shtml> --5 Action Steps for Helping Someone in Emotional Pain

<https://www.thefix.com/what-no-one-wants-say-truth-about-change>--What No One Wants to Say: The Truth About Change

<https://www.thefix.com/if-your-loved-one-considering-sobriety-or-newly-sober-read> --If Your Loved One Is Considering Sobriety or Newly Sober, Read This