



**Active Employee Plan Selections**  
**Diocese of Northern California**  
**Effective Date: 1/1/2022**

Plan Name	Plan Code	2021 Rates				2022 Rates			
		Single	Plus Spouse	Plus Child	Family	Single	Plus Spouse	Plus Child	Family
<b>Medical Plans</b>									
EAP (Employee Assistance Program)	MEAP	\$4	\$4	\$4	\$4	\$4	\$4	\$4	\$4
Kaiser CDHP-20/HSA	MHDK	\$844	\$1,519	\$1,519	\$2,363	\$878	\$1,580	\$1,580	\$2,458
Anthem BCBS CDHP-15/HSA	MHDG	\$883	\$1,589	\$1,589	\$2,472	\$918	\$1,652	\$1,652	\$2,570
Cigna Open Access Plus CDHP-15/HSA	MCDH	\$883	\$1,589	\$1,589	\$2,472	\$918	\$1,652	\$1,652	\$2,570
<b>Anthem BCBS BlueCard PPO 70</b>	<b>MPP4</b>	<b>\$851</b>	<b>\$1,532</b>	<b>\$1,532</b>	<b>\$2,383</b>	<b>\$881</b>	<b>\$1,586</b>	<b>\$1,586</b>	<b>\$2,467</b>
Cigna Open Access Plus PPO 70	MG04	\$851	\$1,532	\$1,532	\$2,383	\$881	\$1,586	\$1,586	\$2,467
Anthem BCBS BlueCard PPO 80	MPP3	\$934	\$1,681	\$1,681	\$2,615	\$971	\$1,748	\$1,748	\$2,719
Cigna Open Access Plus PPO 80	MG03	\$934	\$1,681	\$1,681	\$2,615	\$971	\$1,748	\$1,748	\$2,719
Kaiser Permanente EPO 80 Plan	MKL0	\$1010	\$1,818	\$1,818	\$2,828	\$1050	\$1,890	\$1,890	\$2,940
Anthem BCBS BlueCard PPO 90	MPP2	\$1030	\$1,854	\$1,854	\$2,884	\$1071	\$1,928	\$1,928	\$2,999
Cigna Open Access Plus PPO 90	MG02	\$1030	\$1,854	\$1,854	\$2,884	\$1071	\$1,928	\$1,928	\$2,999
Anthem BCBS BlueCard PPO 100	MPP1	\$1,133	\$2,039	\$2,039	\$3,172	\$1,178	\$2,120	\$2,120	\$3,298
Cigna Open Access Plus PPO 100	MG01	\$1,133	\$2,039	\$2,039	\$3,172	\$1,178	\$2,120	\$2,120	\$3,298
Kaiser EPO High	MKE0	\$1,214	\$2,185	\$2,185	\$3,399	\$1,263	\$2,273	\$2,273	\$3,536
<b>Dental Plans</b>									
<b>Preventive Dental</b>	<b>DDPV</b>	<b>\$53</b>	<b>\$95</b>	<b>\$95</b>	<b>\$148</b>	<b>\$56</b>	<b>\$101</b>	<b>\$101</b>	<b>\$157</b>
Basic Dent-50/150	DD50	\$66	\$119	\$119	\$185	\$67	\$121	\$121	\$188
Dent&Ortho-25/75	DD25	\$86	\$155	\$155	\$241	\$88	\$158	\$158	\$246

**Note:**

- I. An employee is eligible to enroll in benefits if the employee is normally scheduled to work 1,000 or more compensated hours per plan year, regardless of whether they are an exempt or non-exempt employee.
- II. Anthem and Cigna plans include preventive care, prescription benefits through Express Scripts, vision benefits through EyeMed, as well as hearing benefits. If you are enrolled in a Kaiser health plan, your pharmacy benefits will be provided by Kaiser.
- III. EAP is included with all Medical Trust medical plans (including Kaiser). It is also available for employers to purchase for employees who waive their right to medical coverage at \$4/month per family. EAP benefits extend to the employee and their immediate family.