



Active Employee Plan Selections
Diocese of Northern California
Effective Date: 1/1/2023

Plan Name	Plan Code	2022 Rates				2023 Rates			
		Single	Plus Spouse	Plus Child	Family	Single	Plus Spouse	Plus Child	Family
Medical Plans									
EAP (Employee Assistance Program)	MEAP	\$4	\$4	\$4	\$4	\$4	\$4	\$4	\$4
Kaiser CDHP-20/HSA	MHDK	\$878	\$1,580	\$1,580	\$2,458	\$919	\$1,645	\$1,645	\$2,573
Anthem BCBS CDHP-15/HSA	MHDG	\$918	\$1,652	\$1,652	\$2,570	\$961	\$1,730	\$1,730	\$2,691
Cigna Open Access Plus CDHP-15/HSA	MCDH	\$918	\$1,652	\$1,652	\$2,570	\$961	\$1,730	\$1,730	\$2,691
Anthem BCBS BlueCard PPO 70	MPP4	\$881	\$1,586	\$1,586	\$2,467	\$922	\$1,660	\$1,660	\$2,582
Cigna Open Access Plus PPO 70	MG04	\$881	\$1,586	\$1,586	\$2,467	\$922	\$1,660	\$1,660	\$2,582
Anthem BCBS BlueCard PPO 80	MPP3	\$971	\$1,748	\$1,748	\$2,719	\$1,016	\$1,829	\$1,829	\$2,845
Cigna Open Access Plus PPO 80	MG03	\$971	\$1,748	\$1,748	\$2,719	\$1,016	\$1,829	\$1,829	\$2,845
Kaiser Permanente EPO 80 Plan	MKL0	\$1050	\$1,890	\$1,890	\$2,940	\$1,099	\$1,978	\$1,978	\$3,077
Anthem BCBS BlueCard PPO 90	MPP2	\$1071	\$1,928	\$1,928	\$2,999	\$1,121	\$2,018	\$2,018	\$3,139
Cigna Open Access Plus PPO 90	MG02	\$1071	\$1,928	\$1,928	\$2,999	\$1,121	\$2,018	\$2,018	\$3,139
Anthem BCBS BlueCard PPO 100	MPP1	\$1,178	\$2,120	\$2,120	\$3,298	\$1,233	\$2,219	\$2,219	\$3,452
Cigna Open Access Plus PPO 100	MG01	\$1,178	\$2,120	\$2,120	\$3,298	\$1,233	\$2,219	\$2,219	\$3,452
Kaiser EPO High	MKE0	\$1,263	\$2,273	\$2,273	\$3,536	\$1,309	\$2,356	\$2,356	\$3,665
Dental Plans									
Preventive Dental	DDPV	\$56	\$101	\$101	\$157	\$56	\$101	\$101	\$157
Basic Dent-50/150	DD50	\$67	\$121	\$121	\$188	\$67	\$121	\$121	\$188
Dent&Ortho-25/75	DD25	\$88	\$158	\$158	\$246	\$88	\$158	\$158	\$246

Note:

- I. An employee is eligible to enroll in benefits if the employee is normally scheduled to work 1,000 or more compensated hours per plan year, regardless of whether they are an exempt or non-exempt employee.
- II. While employees scheduled to work at least 1,000 compensated hours per year are eligible to voluntarily enroll in medical and dental benefits, employers are only required to pay for these benefits when the employee meets the 1,500 scheduled hours threshold.
- III. Anthem and Cigna plans include preventive care, prescription benefits through Express Scripts, vision benefits through EyeMed, as well as hearing benefits. If you are enrolled in a Kaiser health plan, your pharmacy benefits will be provided by Kaiser.
- IV. EAP is included with all Medical Trust medical plans (including Kaiser). It is also available for employers to purchase for employees who waive their right to medical coverage at \$4/month per family. EAP benefits extend to the employee and their immediate family.