



DIOCESAN E-NEWS

The Episcopal Diocese of Northern California

News for the week of July 28 2020



Diocesan Partners in Ministries of Health

*Promoting Hope, Healing & Health to
Our Congregations & Communities We Serve*

A Perfect Storm: Mental Health in the Collision of Pandemics

#1 Storm Watch
August 5, 2020

#2 Riding the Storm:
Resources for Personal &
Pastoral Care
August 19, 2020

**#3 Storm Alert: Relapse
and Recovery**
September 2, 2020

**#4 Storm of Loss: Grief
in the Collision of
Pandemics**
September 16, 2020

How are you doing in this stormy weather? Global health pandemic, social upheaval, and uncertainty in every aspect of our lives all impact our mental health.

Explore how global events are impacting mental health and learn strategies and resources for supporting faith communities, families, local communities, and yourself.

For more information contact Susan Wahlstrom at wahlstrom@volcano.net or (209) 304-8321
To REGISTER - email Ann Stoltz at ann.stoltz@tu.edu

See [here](#) for more information

Looking for a moment of inspiration?

Habits of Grace

A weekly meditation from Presiding Bishop Michael Curry



RESOURCES AND LINKS



Guides for Election Season

"This election is a chance to exercise our right to vote, to participate in our common life, and to celebrate our ability to do so. In that joy, we should also look to this election, future elections, and time between elections to expand and defend the right to vote so that no one is excluded from this privilege." *from Building Faith: Virginia Theological Seminary*

[Five ways to faithfully address elections](#)

[Vote Faithfully Toolkit 2020 Election](#)

Email Scam alert



It seems that every week now someone receives a scam email with a church, priest, or even the bishop's name - the one this week was from "his excellency" which was certainly a clue that it was a scam!

Use email safely

- Do not open emails which you suspect as being scams.
- Do not forward emails which you suspect as being scams.
- Do not open attachments from unknown sources.
- If in doubt, contact the person or organization the email claims to have been sent by ... better safe than sorry.

[How to recognize and avoid Phishing scams](#)



Regathering and Communion

We will have additional discussions in the coming weeks as new information is released by the state and the bishop. Please follow the guidelines on pages 7-10 of this document.

[Resources for Online Worship](#)

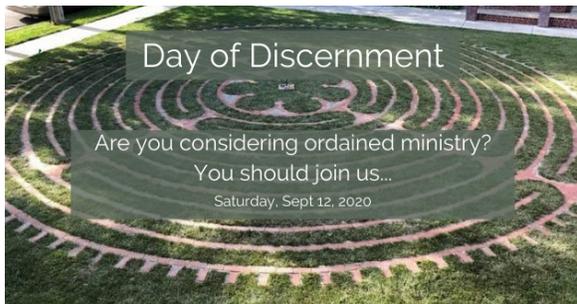


[Online resources for people in recovery](#)



NEWS AND EVENTS

Day of Discernment - September 12, 2020



Saturday, Sept 12, 2020
9:00 AM - Noon. Online - Zoom

The Day of Discernment is for those in our diocese who are inquiring about ordained ministry. Attendees must come with a sponsoring priest. [Registration Form](#)

Details and contact information: Click [here](#).

To submit news/events, please email communications@norcalepiscopal.org. The submission deadline is the Wednesday before the Tuesday publication.

THE EPISCOPAL DIOCESE OF NORTHERN CALIFORNIA

Making Disciples, Raising Up Saints & Transforming Communities for Christ

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