



# DIOCESAN E-NEWS

The Episcopal Diocese of Northern California

News for the week of July 15, 2020

## Trinity Cathedral Dean elected Trinity Folsom Assistant Rector called



The Rev. Matthew Woodward was elected Dean of Trinity Cathedral, Sacramento, starting in September. Matthew writes:

*"I am excited to join the Trinity community and the Diocese of Northern California in the middle of the culture-changing events that are COVID-19 and the Black Lives Matter movement. I believe that these events invite us to deeper contemplation of what it means to live into the Baptismal Covenant of the Episcopal Church where we promise to: "strive for justice and peace among all people, and respect the dignity of every human being."*

[Click here](#) for a letter from Dean-elect Matthew to the Cathedral



The Rev. Erika L. Jackson Essiem was called as Assistant Rector for Trinity Episcopal Church, Folsom. Rev. Essiem was ordained a priest by the Rt. Rev. Doug Sparks at St. James Cathedral in South Bend, Indiana, on July 8, 2020. She arrived in our diocese this week to begin her ministry with us.

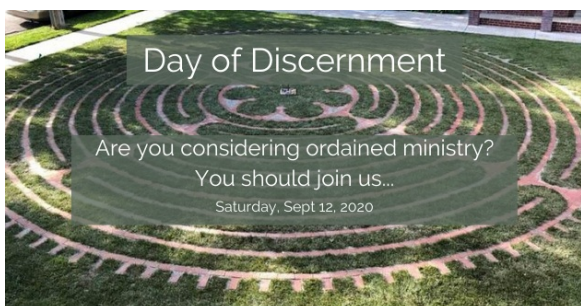
Congratulations and welcome to the diocese!

Click [here](#) for more from Trinity, Folsom.

and the diocese.



## Day of Discernment - September 12, 2020



Saturday, Sept 12, 2020  
9:00 AM - Noon. Online - Zoom

The Day of Discernment is for those in our diocese who are inquiring about ordained ministry. Attendees must come with a sponsoring priest. [Registration Form](#)

Details and contact information: Click [here](#).

# 2020



## Diocesan Convention

The Episcopal Diocese of Northern California

We are pleased to welcome you to the One Hundred Tenth Annual Diocesan Convention of The Episcopal Diocese of Northern California. Due to the Covid-19 pandemic, this convention will be held online.

Here is the [Letter from the Secretary of Convention and Call and Appointment of Diocesan Convention by the Bishop](#) for the 2020 Diocesan Convention.

More information on convention is available at [norcalepiscopal.org/convention](http://norcalepiscopal.org/convention), including the full Pre-Diocesan Convention packet, and forms.



# RACIAL RECONCILIATION



## Racial Reconciliation as the People of God: LEARN

### A Letter to the Church on Breaking Free of White Supremacy — By Kelly Brown Douglas, Stephanie Spellers and Winnie Varghese

We learn by listening to expert teachers. These wise scholars and leaders in the Episcopal Church have generously provided a learning moment for the church. You are invited to read and listen; learn, pray, and act: [link to the letter](#).

Read more and listen to Kelly Brown Douglas, Stephanie Spellers, and Winnie Varghese in a video [here](#) and reading the letter to the church [here](#).

For more resources [LEARN + PRAY + ACT](#)

## ADMINISTRATION & FINANCE: BENEFITS

### Telehealth Services & Virtual Provider Visits

In response to COVID-19, the Medical Trust is waiving member costs entirely if a member uses a telehealth platform offered by Anthem, Cigna, or Kaiser Permanente (e.g., [Anthem's LiveHealth Online](#), [AmWell for Cigna](#), [MDLive for Cigna](#), etc.) through 12/31/2020. For Kaiser Permanente, you can access Kaiser's telehealth platform services by calling the number on the back of your ID card.

The Medical Trust is also allowing claims for virtual visits with network and out-of-network providers that do not use a telehealth platform offered by Anthem or Cigna. Standard levels of benefits and coverage will otherwise apply. This is an exception for medical and behavioral health services rendered through 12/31/2020. Please note standard copay, deductibles, and co-insurances apply for virtual visits with network and out-of-network providers that do not use a telehealth platform offered by Anthem or Cigna.

For more information, click [here](#) to download the PDF, or [here](#) to be taken to CPG's COVID-19 Support Resources.

## RESOURCES AND LINKS

### [Resources for Online Worship](#)

## Livestream Worship



### Mental health resources from Ministries of Health

During this challenging time of pandemic, mental health may be more significantly impacted. We hope these resources give you additional tools to add to the wonderful work in which you are currently engaged. [Click here for resources...](#)

Be well...

Diocesan Partners in Ministries of Health  
Susan Wahlstrom RN, Coordinator  
Questions? (209) 304-8321 email: [wahlstrom@volcano.net](mailto:wahlstrom@volcano.net)



Here are [additional resources](#) from Church Publishing on mental health.

### [Online resources for people in recovery](#)



## NEWS AND EVENTS IN AND BEYOND THE DIOCESE



### Episcopal Diocese of Northern California 2020 Grant Recipient

United Thank Offering recently announced the grant recipients for the 2020 granting year, and we are excited to share that the Episcopal Diocese of Northern California will receive \$145,000 in funding for The Playground at St. Stephen's, Sebastopol. The focus of the granting process this year was 'Bless: Share faith, practice generosity and compassion, and proclaim the Good News of God in Christ with hope and humility.

This generous United Thank Offering grant will fund the purchase of a shipping container to be used as a commercial kitchen for property. The plan is to serve simple meals for all ages, local craft beer, wine, kombucha, and have a full espresso bar. The play area will be an enclosed Waldorf-style play yard, the grounds will have picnic tables and seating, to explore a new model for gathering and forming church community in the richness of spiritual and religious diversity.

Visit The Playground website <https://www.theplaygroundsebastopol.org/>

### United Thank Offering Funding

The United Thank Offering (UTO) is a ministry of The Episcopal Church for the mission of the whole church. Through UTO, individuals are invited to embrace and deepen a personal daily spiritual discipline of gratitude. UTO encourages people to notice the good things that happen each day, give thanks to God for those blessings and make an offering for each blessing using a UTO Blue Box. UTO is entrusted to receive the offerings, and to

distribute the 100% of what is collected to support innovative mission and ministry throughout The Episcopal Church and Provinces of the Anglican Communion. To donate, please visit: [www.episcopalchurch.org/united-thank-offering](http://www.episcopalchurch.org/united-thank-offering)

## POSTPONEMENTS AND CHANGES

### **Camp Living Waters goes online UnCamp 2020: From Our House to Yours!**

Join us at UnCamp 2020, a one-day virtual Camp Living Waters event! UnCamp will take place on July 28th from 10am-12 noon then from 2-5pm. Click [here](#) for more information and to register.

To submit news/events, please email [communications@norcalepiscopal.org](mailto:communications@norcalepiscopal.org). The submission deadline is the Wednesday before the Tuesday publication.

## THE EPISCOPAL DIOCESE OF NORTHERN CALIFORNIA

*Making Disciples, Raising Up Saints & Transforming Communities for Christ*

[www.norcalepiscopal.org](http://www.norcalepiscopal.org)

