



DIOCESAN E-NEWS

The Episcopal Diocese of Northern California

News for the week of November 3, 2020

A Prayer for Election Day

Almighty God, to whom we must account for all our powers and privileges: Guide the people of the United States in the election of officials and representatives; that, by faithful administration and wise laws, the rights of all may be protected and our nation be enabled to fulfill your purposes; through Jesus Christ our Lord. *Amen.*

A
SEASON
OF PRAYER:
FOR AN ELECTION

FORWARDMOVEMENT.ORG/ELECTION

Trinity Cathedral - Upcoming Events on the Elections, Racism, and Reconciliation

Trinity Cathedral is participating in a Braver Angels program called *With Malice Toward None*. Braver Angels is an organization committed to bringing people with diverse political opinions together to find common values and foster peace in our polarized political environment. This program is open to members of the Cathedral community and the Diocese of Northern California. For more information and to register, [click here](#).

Praying for Peace in our Civic Life

Trinity Cathedral will host a special service on **November 4** from 7 to 8:00 p.m.

Join the [Cathedral Facebook](#) live-stream for a service of music and reflections inviting a prayerful response to the election. Everyone is welcome.

New Programs

Thursday, Nov. 5 - 7:00 p.m.

Author J. Chester Johnson speaks about his book *Damaged Heritage: The Elaine Race Massacre and A Story of Reconciliation* - "An illuminating journey to racial reconciliation experienced by two Americans – one Black and one white – *Damaged Heritage* examines how white Americans' excessive reverence of the past permits the damaged heritage of racism to be transferred from generation to generation. It also offers a blueprint for how our society can at last acknowledge – and repudiate – damaged heritage and begin a path toward true healing."

Thursdays, Nov 12, 19, Dec 3, 10 and 17 - 7:00 p.m.

Howard Thurman's *Jesus and the Disinherited* Vincent Harding, African American historian and social activist called Howard Thurman a "*Black prophet-mystic*." This book, published first in 1949, is as relevant today as it was then, perhaps even more so. Text on the back of the 1996 printing states: "Jesus and the Disinherited is an important and influential book whose message helped shape the civil rights movement and changed our nation's history forever." Come learn about the man and his profound theology.

Email study@trinitycathedral.org for more information and for Zoom links.

Best Skills - Best Churches - Last Chance to Register



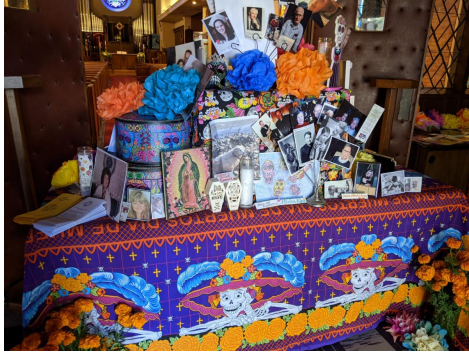
Best Skills - Best Churches, an innovative program designed to help you grow and strengthen your church.

The program is for six months, one weekend a month on Friday night and Saturday morning. The first class begins on November 13.

The cost is \$100 per student, a very special discounted price.

Registration closes on Friday, November 6. More information is available on our [website here](#).

Dia de Los Muertos Around our Diocese



Trinity Cathedral, Sacramento



Incarnation, Santa Rosa



St. John's, Roseville

All Saint's Day at All Saint's, Sacramento



Bishop Megan visits All Saint's, Sacramento to celebrate their 80th anniversary. A small celebration of this special anniversary was streamed from the sanctuary. Congratulations on 80 years of transforming community.

[Visit here for the video.](#)

Administration & Finance

2021 Annual Enrollment is now open for active employees and retirees

2021 Active Employee Annual Enrollment

October 28 - November 18, 2020

2021 Pre-65 Retiree Annual Enrollment

October 28 - November 18, 2020

2021 Retiree Annual Enrollment

October 15 - December 7, 2020

More information on the 2021 Annual Enrollment is available [here](#)

More information on the 2021 medical plans is available [here](#)

For questions, please email benefits@norcalepiscopal.org

*If you don't make a change, your current benefit choices will continue in 2021.
Any rate changes will apply.*

Tips for Annual Enrollment

Before choosing a plan, consider the following:

- Has there been a change in your household? For example, did you get married or have a child?
- Has there been a change in your medical situation, or a family member's?
- How is your overall health? Based on any medical conditions, what is the amount of healthcare you expect to need next year?
- Do you need to see out-of-network providers?
- What is the trade-off between your monthly premium and what you pay each time you need care?

For more resources and assistance contact:

Church Pension Group Client Services

1(800) 480-9967
Monday to Friday
8:30 AM to 8:00 PM ET

Health Advocate

When you need help changing plans, or just getting the most from your coverage
1(866) 695-8622
24 hours a day, seven days a week

Resources and Links

These are anxious times as our nation confronts a deadly pandemic, a troubled economy, racial injustice and a bitter



election season. It's a lot to take in, and it's easy to get overwhelmed.

That's why prayer is needed now more than ever.

As we celebrate the 25th anniversary of the National Cathedral Center for Prayer and Pilgrimage, we hope these 25 prayers will help calm your soul and lift your spirit as we head into Election Day and the months to come. Lord, in your mercy, hear our prayer.

Let's pray together with the National Cathedral and Country



Get Prepared - Whether it's an earthquake, wildfire, flood, or COVID-19, Listos California wants everyone to get ready and stay safe. Working with you to establish resilient communities and build a new culture of disaster preparedness for all Californians. Listos California offers resources for you and your family. Visit their website [here](#).

Need help navigating insurance after the fires?

This Roadmap to Recovery™ workshop series is presented by United Policyholders, a non-profit consumer organization helping improve disaster recovery for over 29 years. [For more information click here.](#)

[Online resources for people in recovery](#)



To submit news/events, please email communications@norcalepiscopal.org. The submission deadline is the Wednesday before the Tuesday publication.

THE EPISCOPAL DIOCESE OF NORTHERN CALIFORNIA
Making Disciples, Raising Up Saints & Transforming Communities for Christ
www.norcalepiscopal.org

